

Street Facts

Leisure Time Ideas and Options in Calderdale

ZF1(2)

Music	Voluntary work	Drama
Youth group	Band	Army cadets
Personal fitness	Golf	Abseiling
Cinema	Sport	Skating



Looking for ideas for your free time?

Don't waste it sitting in front of the TV, getting out more can:

- help you to relax
- give your life balance
- improve your career or job prospects
- be fun
- teach you new skills
- make you feel better

There's loads to choose from. This leaflet includes ideas and local contacts.

Costs:

- You may have to pay for some of these activities. It's always worth checking if there are concessions (special lower rates for students). You will need a student card or suitable identification.
- Calderdale Passport to Leisure offers lower fees (depending on family circumstances) on a range of leisure services. Details of eligibility and an application form are on the Calderdale Council website: www.calderdale.gov.uk or telephone 01422 393231.
- All full-time students over 16 can have a card. You will need a student union card or letter from your head teacher.

What's on?

Calderdale Council's website www.calderdale.gov.uk is a good starting point.

Go to:

- 'Leisure and Culture' for a guide to events, museums, sport and leisure activities.



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- 'A-Z of Council Services' and select 'Y' for a guide to services for young people, including sports organisations, youth and community centres, youth volunteering

Young People's Services also publish a booklet 'Places to go; things to do; someone to talk to' which is full of ideas and contacts for a broad range of activities across Calderdale. Ring Young People's Services for a copy on 01422 392579.

Sport

If you enjoy sport, or need to exercise more, there are sports centres and swimming pools across Calderdale.

Sports centres:

North Bridge Leisure Centre T: 01422 341527
 The Ridings Sports Centre T: 01422 321155
 Todmorden Sports Centre T: 01706 839090

Swimming pools

Halifax T: 01422 366624
 Elland T: 01422 376662
 Sowerby Bridge T: 01422 831929
 Brighouse Pool & Fitness Centre T: 01422 357257

Leisure in Action runs activities such as summer sports weeks and helps provide training in sports such as basketball, athletics, girls football, hockey, netball, swimming and rugby. Contact them for details T: 01422 284441.

Voluntary work

Voluntary work is work for which you are not paid. It can be arranged to suit you - anything from a few hours fundraising to regular time each week. It can be fun, you will learn new skills and meet new people and it will look great on your CV. It can also give you the chance to try out something you may want to do as a career.

Vinspired www.vinspired.com

A national online scheme for 16-24 year olds to volunteer their time for the benefit of others.

For more information about voluntary work check out leaflet ZF3(1).

Music, drama and dance

Why not set up a band or join a local drama group?

Local theatre groups:

Calderdale Theatre School

W: www.calderdaletheatreschool.org.uk

Meets Saturday mornings at the Heath Teachers Centre, Free School Lane, Halifax.

Email the school from the website.

The Actors' Workshop Youth Theatre

T: 01422 323688

E: mike@actorsworkshop.org.uk

Stagecoach Theatre Arts School

Halifax

T: 01422 357678

W: www.stagecoach.co.uk

Based at Brighouse High School, Finkil Street, Brighouse, HD6 2UY.

Training for 4-16s.

Advice about running a band is on the Musicians Union website

www.musiciansunion.org.uk Look under 'Advice'.

Youth clubs/groups

Calderdale Youth Service organise clubs across the area. There are clubs in:

Brighouse

Elland

Lightcliffe

Illingworth

Halifax

Mixenden

Sowerby Bridge

Rastrick

Todmorden

For details contact Young People's Services on 01422 392530 or at www.calderdale.gov.uk under 'Young People's Services'.

They also have details of voluntary organisations such as the Scouts.

Duke of Edinburgh Award

This is a scheme for 14-25 year olds. There are 3 levels: bronze, silver and gold. To get an award you have to develop and take part in a range of activities - it combines community service, physical activity, learning a new skill, completing a project expedition and attending a residential.

Contact the Duke of Edinburgh's Award Scheme in Calderdale for further information on 01422 254220 and ask for Shakkela or visit www.dofe.org

Cinemas

Hebden Bridge Picture House T: 01422 842807
Showcase, Birstall T: 01924 420622 or 0871 220 1000 for programme details
Odeon Cinema, Huddersfield T: 0871 224 4007

Bowling

Halifax	Electric Bowl	T: 01422 301123
Keighley	AMF Bowling	T: 0844 826 3019
Huddersfield	UK Superbowl, Leeds Road	T: 01484 431431
Bradford	Hollywood Bowl	T: 01274 734222

Ice skating



Bradford Ice Arena T: 01274 729091

Part-time jobs

If you are over 13, you can start a part-time job, but what you can do and the hours and places you are allowed to work, are restricted. Check out local rules and restrictions on leaflet ZW1.1(1). You will need to get a work permit for any jobs you do under school leaving age.

Contact Education Welfare T: 01422 266125

For further information and advice:

- contact the  0800 5 979 979 (free to UK landlines)
Text: 07786 202 804 (start message with learn)
E: learningline@ckcareers.org.uk
- look at  www.workabout.org.uk
- or visit one of our **Centres** - details from the Learningline and on Workabout

Equal Opportunities

We are committed to promoting equality of opportunity for all. If you feel you have been discriminated against because of race, gender, disability, religion, age, ethnic origin or sexual orientation please speak to your Connexions Personal Adviser.